PRAMATHESH BARUA COLLEGE GAURIPUR

ESTD-1964



BEST PRACTICE 2015-2016

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2015-2016

BEST PRACTICE-1

Title of the Practice: ICT Based Practice

1. The Context that required the initiative of the practice:

ICT based classroom teaching has been the need of hour. One has to be updated with modern application in teaching learning system. It has been ardently felt to introduce ICT based teaching and learning methods in the classrooms with a view to minimize the usage of paper. So at the outset, the college took an initiative to train a few teachers.

2. Objective of the practice:

- a. To create awareness about ICT based classes.
- b. To escalates proficiency of teachers in the field of ICT.
- c. To create ICT friendly environment in the campus.

3. The Practice:

Primarily the college planned to introduce ICT based teaching learning practice in the classes of Major Subjects only. Therefore, a computer instructor has been engaged to demonstrate the basics of computer learning for the teachers and students as well. Teachers and students from Major classes have been given the training for adaptation with the basics the computer knowledge. The department of English, Political Science, Mathematics, Economics and Management department of the college conducted a number of major classes applying modern tools like LCD projector and Laptop. The practice helped them to preserve their lesson plans, and study materials for further remedial measure of classes as the student can access them at their convenient time. If any student failed to attend the class for unavoidable reasons, he/she could collect the notes from the teacher of the respective department in both hard and soft form in pen drive, and CD. Thus, the classroom teaching became students friendly. Being introduced with the ICT based practice in classroom teaching, the students and the teachers have found them in new teaching learning environment.

4. Obstacles faced if any and strategies adopted to overcome:

The departments felt the necessity of more facilities of ICD based classes. The digital class room alone supplemented by an LCD projector is not sufficient to cater the growing demand of ICT based classes. Even some of the classrooms of the college are not user friendly for conducting ICT based classes. It is also noticed that a few number of students are reluctant to transit themselves from traditional mode of teaching to ICT based practices. The need of installation of projector part by part in the classrooms was an urge before the management. The college decided to address some of the short falls in the next academic sessions.

5. Impact of the practice:

- a. A few students of the college got an exposure to ICT based teaching learning method
- b. They started to read course content in Google
- c. They showed zeal to be evolved more in this mode of learning

6. Resources required:

- a. Adequate ICT based Training for Teachers and the students as well.
- b. ICT based classrooms.

Best Practice: 2

Title of the Practice: Orientation on health related issues

1. The Context that required the initiative of the practice:

The college feels that creating health awareness among the students is a priority along with their learning. So the college has initiated some health awareness programmes facilitating medical check-up for the students. The students of the college are mostly from rural background hailing from socio-economically backward environment. A few health awareness sessions on health related issues need to be organised for students to make them aware not only of social taboos which stand as barrier to take medical attention for certain diseases in the adolescent period. The college has to initiate physical training programme for the students and for the same a physical trainer is to be engaged to practice physical exercise on regular basis. The college is to highlight the issues of social taboos and complicacies in regard to medical attention of certain diseases in the health awareness programmes so that stereotyped social conditioning is minimized.

2. Objective of the practice:

- a. To create awareness on taking care of proper hygiene during monthly cycle of girls students.
- b. To create awareness on body changes occur in adolescence period.
- c. To create awareness on intestinal deworming.
- d. To encourage regular physical exercise.

3. Practice:

The college has initiated massive awareness on health related hazards in the locality along with the students with a motto to contribute for clean, green and healthy nation and a healthy planet. For the same, a few teachers have been engaged to create awareness about body changes and other complicacies in off classes. The college opened a First Aid section under the Medical Unit of the college in assistance with Gauripur CHC. Mr.H.M Iqbal, Assistant professor, department of Economics has been engaged to look after the Medical Unit of the college so that if any health related problems of any student during the college hours arise, is addressed promptly. The college sets up medical team during examinations in every semester examination. A general physician Dr.M.S.Ullah has been engaged with the team. If any student falls sick, he responds fast to provide treatment to the students.

Obstacles of the practice:

- a. Hesitation in sharing certain health problems by the students with the Medical Unit of the college.
- b. Shortage of physicians and medicine.
- c. Scarcity of medical experts on different health issues.

4. Impact of the practice:

- a. Students become more confident of their fitness of body and mind.
- b. Encouraged to practice regular physical exercise.

5. Resources required:

- a. The First Aid facility to be enhanced.
- b. A Team of Medical experts for annual visit.